

Digital Comms / PR

a Cup of Lee Rate Card



Services

In-house Freelance PR	£150 p/day
Press Release Writing	£50
Social Media Strategy	£200
Social Media Management	£400 p/month
Blog Post Writing	£100
Annual Report Writing	£300
Award Entry	£75
Social Media Audit	£100
Freelance Regular Resource	£100 p/day

Skills

Accredited PR Practitioner status by the Chartered Institute of Public Relations

Finalist CIPR PRide Awards Outstanding Young Communicator 2015

Guest Lecturer Social & Digital Media @ UUU

CIPR NI Committee Member

FINALIST at the Irish Blog Awards 2014

GOLD winner at the CIPR PRide Awards 2011

BSc Hons Communication, Advertising & Marketing (2:1)

Hourly Rate £25.00